



# American Okinawan Karate Association

## Official Newsletter

### July, 2006



### Grand Master Lizotte Retires

After years of dedicated and outstanding service to Isshinryu Karate and the American Okinawan Karate Association, Grand Master Lewis Lizotte has retired.



A great deal of thanks is owed to Grand Master Lizotte for his tireless efforts in promoting the AOKA and Isshinryu Karate. Master Lizotte was presented with several special awards that recognized his contributions

to Isshinryu Karate and received a standing ovation following his speech.

Grand Master Lizotte, **thank you** for your hard work and contributions to Isshinryu Karate and the American Okinawan Karate Association!



### The New AOKA Leadership

With the retirement of Grand Master Lizotte, the new leadership of the AOKA was announced as follows:

**Grand Master Stephen Young** was named as the new Chairman and Chief Executive Officer of the American Okinawan Karate Association.



Master Young has served as the President of the Association for the past several years and has been a member of the association since the early 1970's. Master Young started his Isshinryu training with Sensei Jerry Tuzzo and upon moving, continued training with Grand Master Stephen

Armstrong. For the past many years, he has studied under Grand Master Lizotte.

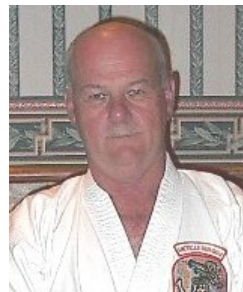
**Grand Master Mitch Kobylanski** was named as the new President of the AOKA. Master



Kobylanski has been a long time AOKA member and has been a member of the Executive Board of Directors for many years.

Master Kobylanski resides in Weddington, NC and has been instrumental in developing that area's AOKA membership.

**Grand Master Ron Boucher** remains on the Executive Board of Directors as the Vice President of the Association. Master Boucher is



one of Grand Master Lizotte's first students and has been on the Executive Board for many years. Master Boucher was an avid competitor for many years and now resides in Connecticut. Master

Boucher and Master Salinardi are two of the main reasons that the Association's annual tournament is so well run.

**Grand Master Al Mady** also remains on the Executive Board of Directors. Master Mady



was the host of the 2006 Championships and Awards Banquet and did an outstanding job of putting this event together. Master Mady is also a great competitor and was inducted into the

Kickboxing Hall of Fame at the tournament.



# American Okinawan Karate Association

Official Newsletter

July, 2006



## 2006 Awards Recipients & Tournament Results

A list of all award recipients is attached to the end of the newsletter. Tournament winners will be posted at [www.aoka.org](http://www.aoka.org). Great job everyone!

.....  
**The 2007 AOKA World Isshinryu Karate Championships and Awards Banquet will be held in the Chicago area on July 6<sup>th</sup> and 7<sup>th</sup>. More details will follow in the next few months.**  
.....

## Promotions

Mitch Kobylanski	9 <sup>th</sup> Dan
Albert Mady	9 <sup>th</sup> Dan
Aldo Panazzola	6 <sup>th</sup> Dan
Tim Grismer	6 <sup>th</sup> Dan
Timothy Leonard	5 <sup>th</sup> Dan
Richard Wharf	4 <sup>th</sup> Dan
Mike Fenton	4 <sup>th</sup> Dan
Arthur Ramsay	3 <sup>rd</sup> Dan
Shane Hale	2 <sup>nd</sup> Dan

## 4 Outstanding Seminars

There were four outstanding seminars offered **FREE** to current AOKA members and at a nominal charge to non-members. A special thank you to our guest instructors, including:



**Master Peter Carbone** conducted a seminar on the Okinawan Jo. Master Carbone is the head of the Weapons Connection Society

based in Northville, Michigan.



**Sensei Heidi Gaunter** did a workshop on the Bo and Sai. This was very informational and contained a number of drills,

**Master Robert Markovich and Sensei Jay Spiro** spent time working on Arnis with the participants. Again, a lot of good information and drills were presented.



Sensei Mike Nomikos did a seminar on Mixed Martial Arts that was a great success.

## ~ Calendar of Events ~

**August 4<sup>th</sup> & 5<sup>th</sup>** – Isshinryu Hall of Fame Banquet and Tournament. For information go to [www.ihof.us](http://www.ihof.us).

**September 2<sup>nd</sup>**, - Master Nakamoto seminar. Chicago area. Contact Master Steve Young at [steve.young@syiks.com](mailto:steve.young@syiks.com).

**September 8<sup>th</sup>, 9<sup>th</sup> & 10<sup>th</sup>** – Weapons Connection Fall Camp. For information contact Kiacho Peter Carbone at [carbonesan@sbcglobal.net](mailto:carbonesan@sbcglobal.net).

.....  
DVD's of this year's seminars will be available for purchase by contacting Master Steve Young at [steve.young@syiks.com](mailto:steve.young@syiks.com).  
.....

## Congratulations!

Master Al Mady will be inducted into the Isshinryu Hall of Fame in August, 2006



# American Okinawan Karate Association

## Official Newsletter

### July, 2006



### ~ Classifieds ~

#### One Color Screen Printing

T-Shirts, Sweatshirts, Etc.  
At Affordable Prices!!!

Small Quantities not a problem

Call us for your next project.



682 W 84th Ave.  
Thornton, CO 80260  
(303)427-7668  
[www.AmericanIsshinryuKarate.com](http://www.AmericanIsshinryuKarate.com)



#### "TAKING CHARGE" SHOWS ARE AVAILABLE FOR SPECIAL ORDER

Smithtown Karate Academy  
135 West Main Street Suite 103  
Smithtown, NY 11787  
(631) 265-9062

Sensei Fierro teaches many Attack Prevention seminars at her dojo and elsewhere. Check the website below for highlights from some of these seminars. A complete Attack Prevention workshop tape or DVD is also available through Isshinryu Productions.

<http://www.members.aol.com/marilyn774/shows.html>

#### Master Stephen Armstrong DVD's

- Seisan Kata \$19.95
- Seiuchin Kata \$19.95
- Naihanchi Kata \$19.95
- Wansu Kata \$19.95
- Chinto Kata \$19.95
- Kusanku Kata \$19.95
- Sunsu Kata \$19.95
- Sanchin Kata \$19.95
- Tokomeni No Kun \$19.95

Order at [www.sign-up-site.com](http://www.sign-up-site.com)

#### AOKA Mizu Gami Patch



\$15.00 (quantity discounts available)

Order at [www.sign-up-site.com](http://www.sign-up-site.com)



**American Okinawan Karate Association Memberships** may be obtained by going to [www.sign-up-site.com](http://www.sign-up-site.com) or by clicking on this [link](#).



Place your ad in the AOKA Newsletter. Contact us at [info@syiks.com](mailto:info@syiks.com) for more information about advertising.

\*\*\*\*\*

Please send all newsletter articles in electronic format (MS Word) to [info@syiks.com](mailto:info@syiks.com).

\*\*\*\*\*

**Master Al Mady** would like to thank everyone that attended the first AOKA Championships in Canada!

July 7, 2006  
AOKA Seminar Pictures



**2006 AOKA World Championships  
Awards Banquet**

<b>Outstanding Youth – Female</b>	<b>Amanda Findlay Sharon Rodriguez</b>	<b>Winner Finalist</b>
<b>Outstanding Youth – Male</b>	<b>Alain Therrien Ryan Frias</b>	<b>Winner Finalist</b>
<b>Outstanding Adult – Female</b>	<b>Erin Sharp-Campbell Deborah Hughes</b>	<b>Winner Finalist</b>
<b>Outstanding Adult – Male</b>	<b>Brian Mills Jim Stawski John Naiman Justin Serpico Joe Corchis Jeffery Begleiter</b>	<b>Winner Finalist Finalist Finalist Finalist Finalist</b>
<b>Outstanding Youth Blackbelt – Female</b>	<b>Kaitlan Brown</b>	<b>Winner</b>
<b>Outstanding Youth Blackbelt – Male</b>	<b>Jeff Long Chuck Mady</b>	<b>Winner Finalist</b>
<b>Outstanding Blackbelt – Female</b>	<b>Rachel McGovern</b>	<b>Winner</b>
<b>Outstanding Blackbelt – Male</b>	<b>Jack Harvey Daryl Snider Doug Campbell John Giachello Robert Morton Simeon Ostap Jesse Hill</b>	<b>Winner Finalist Finalist Finalist Finalist Finalist Finalist</b>
<b>Outstanding Instructor – Female</b>	<b>Lori Challans</b>	<b>Winner</b>
<b>Outstanding Instructor – Male</b>	<b>Tim Boykin Mark Ciprich Robert Harris Don Gyr Keith Williams Robert Morton Mike Fenton</b>	<b>Winner Finalist Finalist Finalist Finalist Finalist Finalist</b>
<b>Spirit Award</b>	<b>Don Therrien Robert Harris Don Gyr Mark Ciprich Tim Grismer</b>	<b>Winner Finalist Finalist Finalist Finalist</b>
<b>Dojo of the Year</b>	<b>Morse School of Isshinryu</b>	<b>Winner</b>